SEFFNER SEAHAWKS, INC.

Youth Football & Cheerleading Association

7402 Taylor Rd., Seffner, Fl 33584

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www.seffnerseahawks.net



In partnership with Hillsborough County Florida

2023

Parent & Athlete

Handbook

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Welcome to the NEST!

We would like to welcome you and your family to this Seffner Seahawks. We are looking forward to an exciting actionpack season. As you know, volunteer participation is the only way to keep this organization running smoothly. Parents are needed here just as much as their children are. The Seffner Seahawks formerly known as Brandon Lions, is a nonprofit organization that has existed since 1995. We have been with the Florida Tri-County Youth Football and Cheerleading Conference (T.C.Y.F.C.C.) since 1999, along with thirteen (13) other teams.

This organization is **YOUR** organization. We not only **WANT** you to be involved, but we also want you to have **PRIDE** in being a member of this organization. We would like to provide you the opportunity and encourage you to get involved and contribute to our success. If you have special skills or capacities, please step forward. Parents are required to stay for practice. Allowing your support of your child's choice to participate in organized sports, we ask you to make a commitment to get involved with your child's welfare.

We encourage you to develop a working relationship with your coach and his / her staff. Football and cheerleading are sports that can result in serious injury to your child if they do not learn the proper techniques. The coaches spend countless hours during the season and in the off-season getting ready for upcoming season. It is a lot of hard work, and while everyone wants to be the champion, few are. The real pleasure comes from teaching the athletes to play football and perform routines and cheer, and watch them get stronger, both physically and mentally. You may not always agree with what is going on, but please respect up their intent. If you have concerns, following the procedures to express your concern. Remember that if you disrespect your athlete's coach in front of your athlete, they trust your judgement and carry out your opinion and attitude to practice, games and competitions when dealing with their coaches. As a parent, please control your emotions. No matter how bad a call or embarrassed your child was on the field, it does not compare to the embarrassment of their parent's unsportsmanlike behavior. Believe it or not, your athlete most likely will not remember the score of the games a few weeks later, but they will remember their pair being thrown out of the game for a lifetime.

HAVE FUN- Enjoy this time of your child's life this is not the N CAA the NFL or the NCA chilling nationals these cares are out here because they love the competition and the game, they love doing their best and believe it or not **WANT TO MAKE MOM, DAD, FAMILY AND FRIENDS** proud. Do not cheapen it by being so serious that they cannot enjoy it. Let them have fun and let the coaches do their job. It will make for a better season for everyone.

Our purpose is to provide a positive recreational experience for children, so that they may learn to work together and develop into responsible citizens. The Board of Directors and the coaching staff are volunteering their time and energy daily. We pride ourselves on being one of the few organizations where "YOUTH COME FIRST". Pulling together we will make this season a very favorable one, not only for the children and the parents, but also for the entire community.

Let's HAVE FUN!! Show your SPIRIT!! Show your Seahawks pride!!

GO SEAHAWKS!

2023 Seahawks Board of Directors

President Acting (Trustee)	Dana Bynoe
Vice President (Trustee)	Vacant
Athletic Director (Trustee)	Dexter Battle
Assistant Athletic Director	Jose Espinel
Cheer Director	Michelle Williams
Assistant Cheer Director	Cyprus Wells
Registrar (Trustee)	Sande Pringle
Treasurer (Trustee)	Emilia Ruiz
Secretary (Trustee)	Rickael Balthazar
Website Manager	Anita Edwardsrt
Fundraiser Coordinator	Jhere Lumley
Field Maintenance Manager	Virgile Balthazar
Asst Field Maintenance Manager	Vacant
Concession Manager	Felicia Jackson
Assistant Concession Manager	Davita Johnson
Chaplin	David McDouglad
Parent Liaison	Sande Pringle
Equipment Manager	Kellen Durr
Assistant Equipment Manager	Vacant
Sergeant At Arms	Benettye Davis

2023 Head Coaches

FOOTBALL

Mighty Mites..... Stephan Knight Peewees.....Kenvatta Jackson Midgets.....Kellen Derr Jr. Varsity.....Shawn Singleton Varsity.....Maurice

<u>CHEERLEADING</u>

Mighty Mites	Open
Peewee	Open
Midgets	Open
JV	Open
Varsity	Ċyprus

T.C.Y.F.C.C. Membership & Rules Overview

www.tcyfcc.www

Seffner Seahawks Youth Football and Cheerleading, Inc. is a member of the Tri-County Youth Football and Cheerleading Conference (T.C.Y.F.C.C.). The ultimate purpose of this association shall ne provide a unified youth sports program skill. T.C.Y.F.C.C. shall be known as the Association of Conference.

"WHERE YOUTH COME FIRST"

TCYFCC is comprised of thirteen (13) organizations listed as follows: Seffner Seahawks, Turkey Creek Trojans, Brandon Broncos, Lakeland Gators, Carrollwood Packers, Lakeland Eagles, Dover Patriots, Riverview Raiders, New Tampa Wildcats, Pinecrest Pilots, East Bay Bucs, Lakeland Hurricanes, Keystone Bills, and Zephyrhills Bulldogs. The organizations pay membership dues to TCYFCC and are governed by the association's by-laws and football and cheerleading rules and regulations. Football team and cheerleading squads' rosters are determined by the participant's league age date as of July 31st for football and August 31st for cheer of the current season. No players can be added after the 3rd scheduled game. Check-ins are held one (1) hour prior to each game time each week. No late check-ins will be allowed. These regulations are enforced by the association and cannot be altered by individual organizations. AI

ll g	ame ti	imes	are as	follows:	(times m	ay vary	due to	weather c	or medical	reasons)	
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Team	Check-In	Kick-Off	Cheerleading
Mighty Mites	8:00am	9:00am	8:30am
Peewee	10:00am	11:00am	10:00am
Midgets	11:30am	12:30pm	11:30am
Jr. Varsity	1:30pm	2:30pm	1:30pm
Varsity	3:30pm	4:30pm	3:30pm

Football games are played according to the Florida High School Athletic Activities Association Rules with several exception. The primary differences are shorter game times per guarter:

Mighty Mites Peewees Midgets Jr. Varsity Varsity

8 minute quarters 8 minute quarters 9 minute quarters 10 minute quarters 10 minute guarters

35-point rule: When there is a point spread of thirty-five (35) points or more, the following rules apply: Continues clock due to the thirty -five (35) pointe rule will be mandatory, the clock will only be stopped for time outs official time-outs and injury time-outs; when the point spread falls below thirty-five (35) points, normal time keeping shall resume.

Extra Point Value Mighty Mites, and Peewees, Running the ball - one (1) point Passing the ball - two (2) points Midgets and Jr. Varsity: Running the ball - one (1) point Kicking the ball - two (2) points Varsity Division: Running the ball - two (2) points Kicking the ball - one (1) point

T.C.Y.F.C.C. EVENTS

The players and cheerleaders are required to support ALL T.C.Y.F.C.C. EVENTS. List of these events are:

Official Check-In:

The official check-in for all football players is conducted during the season's first official game. Every football player must make his official check-in by his scheduled first gam check-in. There are no exceptions to these rules.

Every football player must attend the official check-in. If there is any reason that he/she cannot attend, the coaches and Athletic Director must be notified.

Cheer-Off

All cheerleading squads are required to compete in the T.C.Y.F.C.C. Cheer-Off. This event is the highlight of the cheerleading season. Competitions are by division between all thirteen (13) T.C.Y.F.C.C. organizations. The New Tampa Wildcats will host the cheer-offs on **TBA** at----. Check-in time will be determined at a later date. **Cheerleaders will practice 4 nights a week, 2 weeks prior to cheer-offs.**

It is MANDATORY that ALL football coaches attend this competition, and they are to encourage football players to attend!!! Admission is FREE for all football players who wear their jerseys.

Seffner Seahawks cheerleaders will participate in additional <u>NON-CONFERENCE</u> cheer completions. It is <u>MANDATORY</u> that all cheerleaders and squads participate in any competitions set forth by the cheerleading coordinator.

Conference Play-Offs:

The games won lost record of the regular season play determines Conference Champions. The 1st place team will play the 4th place team and the 2nd place team will play the 3rd place team.

1st round of play-offs will be TBA

2nd round of play-offs will be TBA

Super Bowl

TBA hosted by: TBA. The play-off winners will meet in the Super Bowl.

Mission Statement / Philosophy / Discipline Policy

Seahawks' Mission Statement

The primary objective of this organization is to give interested boys and girls anorganized safely control football and cheerleading program. Our goal will be to teach the fundamentals of fair play, teamwork and to aid in the development of good character

Philosophy

The coaches' objective and that of the Seffner Seahawks organization as a whole is to teach you child (ren) not only the game of football and the art of cheerleading, but to teach them a little about life through football and cheerleading. The coaches are not here to satisfy their own egos or relive a second childhood. They are here for the betterment of your child (ren). Encourage your child (ren) to do their best. Empahasize their talents and encourage them to work on their weaknesses. Please do not coach them from the sidelines. Coaching is a coaches' job, but we are willing to listen to your suggestions at the appropriate time. If you have a comment and / or suggestion, please present it in the calm and rational manner. You will be amazed at the reaction and cooperation you will receive when you look at things in a calm rational light. Ensure your child eats and sleeps properly. Avoid fast foods and fried foods, and make sure he/she eats plenty of vegetables and drinks enough milk. Make sure they are properly hydrated. They must begin to drink fluids at least two hours prior to attending practices and games. Once at the games and practices, they must continue to drink plenty of (2) ,fluids to maintain that hydration. Tired kids are more likely to get injured. Well-fed kids will feel better, think better

perform better and heal faster

Remember that some children are more athletic than others and develop at different rates. Remember that ALL children have some talent and the squads will be adjusted accordingly. Both cheerleading and football are team sports. We will locate a position for your child that will benefit the team, as well as your child.. Your child is a player or cheerleader and will be expected to participate fully. Children are going to make mistakes; it is a part of learning the game, and we fully expect it and in some cases and carriage it. Coaches and parents will make mistakes too; we are only human and are not afraid to admit it. Let us adults be big enough to realize our mistakes and admit them. Finally, we look at our squads (coaches, players, cheerleaders, parents, family and friends) as a T-E-A-M. If we all work as such our accomplishments for this year are absolutely endless

Discipline Policy

Teaching the fundmentals and discipline of football and cheerleading will enable you child (ren) to be come wellbalanced individual. They will be able to apply these characteristics to their every day life. We at the Seahawks, do not condone or tolerate gossip, confontations or fighting between players, cheerleaders, or parents

In accordance with the Participant's Code of Conduct, each member of the organization regardless of role, will be held responsible for their actions and may have to face the discipline committee to remain a member of the organization. The following procedures are to be followed for repeated offenses for participants.

1st Offense: Verbal Warning with Written Acknowledgement Statement signed by both offender and President or Vice President.

2nd Offense: Written warning

3rd Offense: Removal and restriction from attending all Seffner Seahawks events indefinitely.

Registration Fees & Refund Policy

The registration fee is \$275.00 for football and \$300.00 for cheerleading. For 2022 returner discount fee for Football is \$225.00 and cheerleading \$275.00. A 10% discount applies to the following: Military, Law Enforcement, sibling, and Fire Fighters.

Football fees include:

- Use of helmet, shoulder pads, and game jersey & pants (to be returned at the end of the season);
- Trophy, socks, mouthpiece (1 each) football package (to be kept at the end of the season); and
- Conference dues Booking fees, insurance, super bowl/play-off fees, and county fees.
- All football players are responsible for purchasing the following equipment: Cleats-rubber (no metal/no screw in), game day socks, water bottle, and extra mouthpieces, towel, etc.
 Please see AD before purchasing extra accessories.

Cheerleading fees include:

- Use of competition uniform: shell, skirt, and crop top; spirit gear: shell, skirt, and crop top (to be returned at the end of the season).
- Bloomers, competition hair bow, game hair bow, competition socks, competition shoes (to be kept at the end of the season); and
- Trophy, conference dues, and insurance.

Cheerleading Uniforms Requirements:

 All cheerleaders are responsible for purchasing the following REQUIRED equipment: Water bottles, towel, etc. Soma squads will need to purchase, white game shoes. (Please check with your head coach). Peewee, Midgets, Jr. Varsity and Varsity: sports bra

<u>*** Please note: Any player or cheerleader that quits or is removed from the</u> <u>team WILL NOT receive a trophy</u>***

Refunds:

NO refunds will be provided. Any refund request for medical reasons will be handled at the discretion of the Board of Directors. (Upon approval of the Board some portion of the fees that have been paid may not be refunded) – (you must provide a written doctor's not with a written request of refund).

Return Check Fee:

There is a \$40.00 NSFF (non-sufficient Funds Fee) charge for all returned checks.

Parent/Guardian Media Recording Release for Children and Dependents

I, Parent/Legal Guardian of (child's name) _______ hereby grant permission to the Seffner Seahawks member of Tri-County Youth Football Cheerleading Conference (TCYFCC) and its assigns and licensees to take photographs or video of the above named minor child or dependent adult, and to make recordings of the above named minor child's or dependent adult's voice as indicated below:

(Please check one choice in the blank)

_____ I DENY permission to Seffner Seahawks/TCYFCC to use my child's image or voice recordings in any manner>

_____ I GRANT permission for Seffner Seahawks/TCYFCC to use my child's image and voice recordings in the following manner:

I give unrestricted permission for images, videos, and recordings of my child or dependent to be used in print, video, digital and internet media affiliated with Seffner Seahawks/TCYFCC. I agree that these images and /or voice recordings may be used by for a variety of purposes on the Seffner Seahawks/TCYFCC websites and social media pages that these images may be used without further notifying me for the Seffner Seahawks/TCYFCC websites. I understand that the child's or dependent's name will be used in conjunction with any video or digital images.

By GRANTING permission as directed above, I am giving the Seffner Seahawks/TCYFCC permission to use these images, videos, and recordings, as well as the above minor child's or dependent adult's likeness and voice within the bound of those directives as follows:

- The use may be in composite or modified forms and in any media, now known or later developed, including without limitation newspapers, television, radio, the World Wide Web, and social media.
- The use may be for any purpose throughout the world and in perpetuity, including, without limitations, education, trade, advertising, and promotion.
- I further acknowledge that I will not be compensated for these uses, and that the Seffner Seahawks/TCYFCC exclusively owns all rights to the images, videos, and recordings, and to any derivate works created from them.

I waive the right to inspect or approve the uses of any printed or electronic copy. I hereby release Seffner Seahawks/TCYFCC, and it assigns and licensee rom any claims that may arise from these uses, including without limitations claims of defamation or invasion of privacy, or of infringement of moral rights or rights of publicity or copyright.

This Release is binding on me, my heirs, assigns, and estate. Seffner Seahawks/TCYFCC is not obligated to use any of the rights granted under this Release.

Fundraising / Sponsorships

Fundraising

It is our goal, to have multiply fund-raising events during the season. Your support of all these events, both financially and by offering your help, is essential.

Prior to the beginning of the season the team parent / volunteer liaison will acquaint themselves with all the team parents, both football and cheerleading, to have a meeting to open lines of communication and set the wheels in motion for a very successful year. All our fundraising projects are to better our program for our children. The following are examples:

- ✓ Helmet Drive
- ✓ Raffles
- ✓ Carwash
- ✓ Social events

If you have any ideas, please share them with our fundraising coordinator.

Sponsorships

We are grateful for any donations. Donations are tax-deductible because we have been determined to be a non-profit organization. We have several different levels of sponsorship. (Form are available from any board member).

Mandatory Parent Volunteer Help

Parent Volunteer Involvement:

Parent involvement is **MANDATORY** for a successful football and cheerleading program; there are many areas that require volunteer service for our game days to succeed. Each parent is required to serve on at least on at least one (1) committee and a total of 10 volunteer hours in addition to volunteering in the concession stand. The Seahawks are a 501-3 (c) no profit organization. We depend on the volunteer support of every parent. Without the parents, fans, coaches, and volunteers this organization cannot be successful. Throughout the year, the Seahawks conducts several events that have the potential to be **FUN/REWARDING**, and many will also be **PROFITABLE** to your children. Of course, these events can only be successful as those who sit on the committees and the required duties. **REMEMBER**, this is **YOUR** park.

Team Parents 1-2 parents per team (10 max):

Must submit a background check (\$42.00 good for 1 year), copy of your driver's license/ ID, Seahawks application, and obtain a NAY's coaching certification (\$20.00, good for 1 year) NFHS Heat Illness & Concussion certification. (See Board Member for the deadline.) The job of the team parent representative is vital for the success for the team.

Roles and Responsibilities of Team Parent

- Assist with game day snack sign up for the team.
- Assist head coach and parent liaison with memos pertaining to game day announcements.
- Assist concession manager via parent liaison with scheduling parents to work concession stand.
- Assist with water/coolers for games and practice.
- Assist with events & activities (Picture Day, competitions, jamboree, yearbook, and end of the year banquet.
- Assist with coaches on open competition days (cheerleading only).
- Assist with fundraisers (handing out forms, collecting forms and distributing items).
- Hold frequent meeting to keep parents informed (report to parent liaison).

Chain Gang Crew- 3 Per team (15 total) football only: Must arrive at least 15 minutes prior to start of the game.

- Hold measurement chains & assist referees in managing sideline markers during each home game.
- Chain crew will remain silent during games or may be removed by TCYFCC trustee.

Ticket Gate Attendant Committee- 2 parents per team (16 total) home games only:

(Must work at least 2-hour shift on Saturday)

- Assist a board member with entry and collecting admissions donations from fans.
- Disperse tickets and/ or wrist band.

<u>Game Day Videographer – 1 parent per team (5 total) football only:</u>

- Get the next best seat in the house by filming each home & away game.
- The coaches preview these films each week to watch for strength's, weakness, and competitive strategy. Use your own camera.

Game day set-up Crew – 1 Parent per team (8 total):

- Friday evenings- empty/restock trash canisters, stock/set-up concession and bathrooms, etc.
- Placement of field markers, goal post pads, American and Seahawks flags, banners, sponsor signs, gate tent, etc.

Field Game Day cleanup Crew- 2 Parents per team (16 total):

- Saturdays, after each game, empty trash, ground patrol, clean and restock bathrooms.
- Assist with cleaning concession stand, clean under and around bleachers, pack up tents, flags, banner, pick up yard markers, goal post pads, etc.

<u>Cheerleading Competition Crew – 2 Parent per team:</u> Approved Team Parents Only

- Help transport supplies, set-up tents, fil coolers and supervise cheerleaders & designated areas.
- Take down tents and coolers at the end of competition.

Homecoming Committee- 2 Parents per team (16 total)

• Assist with set-up and clean-up of the day's events.

• Submit price quotes/agenda of events and actives to the board by September meeting, pre-sell tickets, submit menu items for meals, etc.

** It is mandatory for each parent to sign up for after game and half-time snack. Your team parent will have sign-up sheets. Please check with your team parent for an accurate number of participants.

Example for halftime snacks – Orange fruit cups, the kids typically prefer orange over any fruit. Pickles, for the drink Gatorade/Powerade. (No sugary drink for halftime). Please be mindful of allergies that participants.

Example for After game snacks - Can be any snack/ drink of choice please be mindful of any allergies that participants may have.

Concession Stand:

Every parent must be willing to support this area. Without the concession stand there would be many things that the kids need that we would not be able to afford. The concession schedule will work as follows:

Practice Schedule – There are (3) practice nights, and we will need two (2) people in the concession during practice nights.

Game Schedule- There are five (5) home games, we will need five (5) people in the concession during each 2-hour time slot.

** The concession stand will be open at 8:00am and close around 6:30pm on game days. There will be several scheduled for the day. Your team parent will get with you and find the most convenient schedule for you. Your team parent or board member will be coming with your schedule. Please volunteer. If you are unable to volunteer, we will have buyout options available. Please see board member for more information on buyout procedure.

The concession stand is the BIGGEST source of income that we have, so it is very important that each parent volunteer.

We have set a schedule for each team; your team parent will be coming around with the schedule for your team. Again, each parent is expected to volunteer. Remember the Seahawks are run completely by volunteers. **NO ONE EVER GETS PAID FOR THEIR SERVICES!**

Each team will rotate practice nights and game days. The first few weeks the Board of Directors will run the concession while our team parents get volunteers for the following week.

Game day admission: Donations of \$5.00 per adult and \$3.00 per child will be accepted at the gate for admission at every game this includes away games at EVERY park. This is to help offset the cost for a Hillsborough Co. Sheriff Officer, this is a requirement put in place by our conference. The cost per park per game for referees is approximately \$1, 100.00 per game day and the cost for an officer is approximately \$40 per hour, per game day. Donations are <u>highly</u> recommended.

Practice / Rain Cancellation Policy / Attendance

Practice

All practices during the season start promptly at 6:30 PM and continue until 8:30 PM. All athletes are expected to be in the practice areas in time. Excessive absence will affect the athlete's participation time, but also the chemistry and growth of the team. <u>Registration paperwork, all registration fees paid in full, and all required forms must be</u> <u>completed before your athlete can participate in practice. Football players are REQUIRED to complete eight (8) hours of NON-CONTACT or pads conditioning prior to any contact activity.</u>

Rain Cancellation Policy

(Once at the field, a board member will relay whether practice is a go).

The Tampa Bay area is well known for its summertime thunderstorms, especially late in the afternoon. Over the years, we have developed a policy regarding, cancellation or postponement of practice due to inclement weather. Because the storms cam ne isolated or widespread, fast moving to slow moving, it is difficult to know prior to arriving at the practice field what the conditions as at E.J. Bing Park. Practice is very important to the success of the teams; therefore, we will not cancel practice unless we feel the safety of the children is at risk. Our policy is that we report to the practice field and assess the condition of the field and the weather conditions at 6:30pm. If there is lighting at that time, we will delay practice for 30 minutes. At the end of 30 minutes (or sooner if the storm passes) we will decide whether to practice. This decision will be mad based on the condition of the practice field and the proximity of lighting to the field. If a storm should start once practice has begun, we will follow the same procedure. It is important that you stay with you child (ren), so that he/she can wait with you in your vehicle until the storm passes. We will not allow anyone on the field during thunderstorms; however, we do not have the facilities to house the children in a building while we wait for the storm to pass. We realize that it may not be convenient to wait for up to 30 minutes in your vehicle, but this is necessary so that we may ensure your child (ren)'s safety and continue with practice, when we are able to If you are not going to remain with your child, please make arrangements IN ADVANCE with another adult, other than a coach, team parent, or board member, who will remain at practice, to take responsibility for you child safety. Thank you for your patience and support. We are a team composed, not only of cheerleaders and football players, but also of parents, sibling, grandparents, other family members and staff. You are all vital importance to the Seahawks organization. With continued efforts to approach all issues as a team, we cannot help but to build an organization that fosters the healthy development of all our children.

Parents

Parents must have one member always remain at the practice facility on game days and during practice nights while the athlete is participating. Please ensure your athlete has transportation at the end of practices and games. Parents are not permitted ton the practice or game field to assist unless they are certified and possess a Hillsborough County certification card and requested by the head coach. Only certified coaches and board members who are certified are allowed in the immediate practice and game fields with the athletes.

Absences & Tardiness

MISSING PRACTICE/GAMES/APPEARANCE/FUND-RAISER:

If a practice/game is to be missed, an absence form must be filed out and given 2 weeks in advance to coach. However, the coach reserves the final decision of whether the reason for the absence is permissible, which will be known as an excused absence. All other absences are known as unexcused. Here is the absence hierarchy breakdown:

TARDINESS

To ensure an effective and efficient practice, your athlete is expected to arrive at least 15 minutes prior to practices (OR other time specified by coach) and be dress properly and taped, unless prior arrangements are discussed with the coach. Any athletic training issues (ankle taping, etc.) should be attended to prior to practice.

<u>Absences</u>

Unforeseeable circumstances will be taken into consideration, and they are priority ranked as listed:

- 1. Health
- 2. Family
- 3. School
- 4. Athlete

If the above occur, please contact your coach, or team parent.

Equipment & Uniform Policy / Issuing / Dress Code

Equipment & Uniform Policy

Equipment and uniforms are made available to each participate for the duration of the season only> At the conclusion of the season (or at any such times are required buy the Board of Directors) all such equipment and uniforms shall be returned to the Board of Directors of the Seffner Seahawks. The parent / guardian of the participant to whom they were issued will purchase the equipment and uniforms that have misused, damaged, destroyed, or lost at their full replacement value.

Practice and Game Day Dress Code

Only practice uniforms may be worn to practice. Game uniforms (jersey, pants, cheerleading skirts, tops, unfits and cheer shoes) **CANNOT** be worn to practice. If you wear any part or all your game uniform, you will not be allowed to practice. All participants must adhere to their team / squad dress code requirements as set forth by the coaches and Seffner Seahawks rules and regulations.

Equipment and Uniform Issue

All registration information, fees photo, physical and birth certificate information must be completed and turned in before a cheerleader / player will be issued his /her uniform or equipment. Under no circumstances shall uniforms or equipment be distributed to any participant without a parent or guardian signed form / equipment agreement form.

- Football Players: Every fully registered football player will be fitted at for his helmet and equipment after conditioning requirements have been met. Equipment distribution will be handled one player at a time. The Equipment Manager, Football Coordinator, Asst. Football Coordinator, and head coaches will be the only personnel to fit players. PLEASE REMEMBER that game uniforms are to be worn on game day only! Uniforms worn at any other time than a time authorized by the Board of Directors will constitute breach on the equipment agreement and the equipment will be requested to be returned to the Seffner Seahawk's Board of Directors.
- Cheerleaders: Every fully registered cheerleader will be fitted during the first couple of practice for her uniforms. Uniform distribution will be handed one cheerleader at t a time. The Cheerleading Coordinator, designated board members and Head Coaches will be the only personnel to fit cheerleaders. PLEASE REMEMBER that competition uniforms are to be on designated game days and competition days only! Spirit Gear must be reserved for exhibition games, clinic, parades, fundraisers, and competition ONLY! Shoes, socks, and bloomers are to be kept clean for game days. Please DO NOT WEAR YOUR GAME SHOES TO PRACTICE. This will ensure your uniform items are in great shape for cheerleading competition. Uniforms worn at any other time than a time authorized by the Board of Directors will constitute breach on the equipment agreement and the equipment will be requested to be returned to the Seffner Seahawk's Board of Directors.

Code of Conduct for Parents / Guardians of Players

Players and coaches will not be able to perform at theirs best if parents do not have a clear understanding of the philosophies of this youth athletic program. The following is a guideline for parents:

- 1. Don't be a coach, be a parent. As a parent your job is to offer encouragement and positive reinforcement. A sure way to dampen your child's enthusiasm is with constant criticism. Understand the daily pressure a child faces. Youth athletics should be an outlet and place for a player to have fun. Encourage you child and allow him or her to have a good time.
- 2. Support your coaches. Parents should support the coaches if they follow proper coaching guidelines. Parents should understand that all coaches are volunteers. It is inappropriate for a parent to coach a player who is on the field or contradict a coach's instruction. Not only does it devalue the coach, but it also confuses the player.
- 3. Be a good sport, remember that you child learns more from your actions than your words. Practice good sportsman by being respectful to players, parents, officials, and coaches on both teams. Parents should not embarrass their child by call attention to themselves through loud or rude behavior. Remember that everything you do or say can be heard by children. Let's not teach them that it is acceptable to publicly yell, disparage and argue with other adults.

- 4. Be on time. Players that are late or absent to practices may lose playing time in games. Parents should want their children realize that belonging to a team requires commitment. Regular attendance and being prepared are necessary for the team to function smoothly. Practice begins promptly at the time designated by the coach.
- 5. Fundraising. Registration fees do not cover all the cost of running a sports program. To keep the fees reasonable, each family is asked to participate in fundraising activities.
- 6. Volunteer. Parents should volunteer their services whenever possible. This shows the players the value of being a team player. There are many volunteer opportunities beyond coaching and team parenting. Ask the sport's Director, the coaches, or a team-mom how you can help. If you are unable to volunteer, we offer buyout options. Ask a board member for details.
- 7. Gossip will not be tolerated.

DISCIPLINE POLICY

In accordance with the Participant's Code of Conduct, each member of the organization regardless of role, will be held responsible for their actions and may have to face the discipline committee to remain a member of the organization. The following procedures are to be followed for repeated offenses for participants.

1st Offense: Verbal Warning with Written Acknowledgement Statement signed by both offender and President or Vice President.

2nd Offense: Written warning

3rd Offense: Removal and restriction from attending all Seffner Seahawks events indefinitely.

Participant Code of Conduct

The Seffner Seahawks is a youth serving community-based organization dedicated to the Seahawks Objective and Purpose (Article II & IV-Seahawks Bylaws) and Philosophy. Participation in the organization's programs is subject to observance if the organization's rules and procedure. The Seffner Seahawks will be guided by the following philosophy:

"It is the goal of this organization to provide an opportunity for youth and their families to participate in football and cheerleading activities that promote and further both physical and emotional growth for all participants. This philosophy dictates that all board members, youth and adults, act in ways that promote the needs of any one individual or group of individuals."

To carry out the philosophy, the Board of Directors will represent and lead the organization's efforts and maintain the Seffner Seahawks' responsibility to its youth in both administrative and financial decisions.

- Abusive Language towards a board member, volunteer, or another parent / participant
- Possession or use of alcoholic beverages or illegal drugs on Seffner Seahawks
- Bringing onto Seffner Seahawks' property dangerous or unauthorized materials such as **explosive**, **firearms**, **weapons**, **or other simar items**.
- Discourtesy or rudeness to a fellow participant, parent, staff member or volunteer.
- Actual or threatened violence toward and induvial or group.

- Conduct endangering the life, safety, health, or wellbeing of others Failure to follow any agency policy or procedure.
- Bullying or taking unfair advantage of any participant.
- Failing to cooperate with a coach, official, organization representative or TCYFCC representative.

Social Media and Electronic Communication

- All SEFFNER SEAHAWKS Members and Parents shall abide by the following guidelines when using social media: Be positive and respectful, and always take the high road. When disagreeing with others' opinions, remain appropriate and polite. If you find yourself in a situation online that is becoming antagonistic, consult the Executive Board of Directors for advice. Do not post content that would harm or damage The Seffner Seahawks reputation. Remember we are all representing the Seahawks.
- Use good judgment when posting any comments. Bear in mind that your comments can create liability
 for SEFFNER SEAHAWKS. Be smart about what you publish. Once something is posted, it exists online
 forever. Ask yourself, "Would I want anyone to post this comment about myself or my child?" If the
 answer is "no," do not post. Encourage others to engage in positive interactions on social media. "If
 you see something, say something" If you are concerned about a post seen on social media, please
 bring your concerns to the Seffner Seahawks Board of Directors. Do not use profanity or derogatory
 statements. Do not make any negative statements regarding the Seffner Seahawks or its Board
 Members.
- The SEFFNER SEAHAWKS Board of Directors shall have the authority to monitor and enforce this social media, Policy. The SEFFNER SEAHAWKS Executive Board of Directors, and any individual appointed by the Board of Directors, shall have the authority to remove any inappropriate or offensive comments from official SEFFNER SEAHAWKS sites and to block any individual or organization from posting on any official SEFFNER SEAHAWKS social media platform if they determine, in their sole discretion, that such removal or block is in the best interests of SEFFNER SEAHAWKS. The failure of any SEFFNER SEAHAWKS players, cheerleaders, coaches, parents, board members, or volunteers via social media to adhere to this social media Policy shall be considered a violation of the Seffner Seahawks Parent and Participants Code of Conduct, and any individual who fails to adhere to this social media Policy shall be subject to disciplinary action in accordance with the Seffner.

PARENT AUTHORIZATION & ACKNOWLEDGEMENT FORM

DATE:			
		MM - PW - M - JV - V	(Circle One)
	INTIAL in box prior	to each paragraph to acknowledge reading	
		uired upon registration for each player/cheerlea	der are NON_REFUNDABLE.
	NO REFUNDS! Please se refund policy i		
	Checks will be accepted for registration	n. If your check is returned to us, the following s	stipulations apply:
	Returned Check fee of \$40.00, Balance	e of check will be due (plus the check fee). Cash c	or money order only
	accepted. No checks in the future. Chi	ild will be removed from the current roster and	will be placed on the
	waiting list for that team until the che	eck is paid in full of all fees applicable.	
	I hereby consent and authorize the Sef	ffner Seahawks Youth Football and Cheerleading	program to release,
	distribute, reproduce, or publish any o	r all photographs / video or organization games,	activities, or person or
	outside organization, photographs, vid	leos can be used for any the following but not lir	nited to website, social
	media pages, yearbook, videos, newsp	paper, and sponsorships.	
	I understand that my child will be issue	ed a uniform and equipment for use during the s	eason. It is my responsibility
	to ensure the proper care and mainter	nance of this uniform and equipment during my	child's usage. If I'm uncertair
		lean the issued uniform or equipment, I will cont	-
	equipment manager or coordinator for	r instructions. The organization is not responsible	e for repair or cost to repair
		nes as not properly maintained. All issued unifor	
	_	ding everyday wear no later than the end of the	
		t in a theft complaint file with Hillsborough Cou	
	recovery.		-
		e Seffner Seahawks Handbook and Seahawks Pa	rk rules and will be
		rocedures and guidelines written within. If I do r	
		for contacting a board member for a copy of the	-
		ndings regarding a child's team are to be address	
	-	ance with his /her established team policy.	U
		ootball/Cheer Coordinator be scheduled.	
		etter to the Athletic Director via email or hand de	elivered. The Athletic
	Director will contact all parties to dete		
		or suggestions, NOT TEAM RELATED, can be add	ressed it can be addressed ir
	the following ways:	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
		ard may be placed in the suggestion box located	at the concession.
		ntact must be included. Letter will be presented	
	meeting.	····	
	•	g to present a spokesman to address the concer	ns to the Executive Board.
	-	a summary of the issue to include your recomme	
	request to speak to any board member	r for any situation in need of immediate attentio	on.
		e Seffner Seahawks Parent & Player Code of Con	
		ill be responsible to review and honor the proce	-
		ing" (a mandatory event), I am responsible for c	
	for a copy of the Code of Conducts.		5
		wks/TCYFCC to use my child's image and voice re	ecordings in the following
		n for images, videos, and recordings of my child c	
	•	a affiliated with Seffner Seahawks/TCYFCC. I agre	•
		variety of purposes on the Seffner Seahawks/TC	_
		e used without further notifying me for the Seffn	
		derstand that the child's or dependent's name w	
	with any video or digital images.		
	I agree and aware of the social med	dia Policy	
		•	at Lundorstand and agree to
	all of the policy and procedures within	have read this document and its entirety, and the	iat i unuerstanu anu agree ti

T.C.Y.F.C.C. Organization Address & Directions

	Brandon Broncos (813) 685-7170 or (813) 495-9697 www.brandonbroncos.com
	3104 S Kings Ave Brandon, Fl 33511 Start out going South on N Taylor Rd toward Sligh Ave, Turn Left onto N. Kingsway Rd., Turn Right onto US-92/FL-600, Turn Left Parsons Ave N., Turn Right onto Lumsden Rd W., Turn Left onto S. Kings Ave., 3104 S Kings Ave is on the Right
PACKERS 3033	Carrollwood Packerswww.Carrollwood5354 Northdale Blvd Tampa, Fl 33624Get on I-4 W from Pruett Rd and Mango Rd., Follow I-4 W, and I-275 N to FL-678 W/EBearss Ave. Take exit 53 from I-275 N., Continue on E Bearss Ave. Drive to NorthdaleBlvd in Greater Northdale., Merge onto FL-678 W/E Bearss Ave., Continue to follow EBearss Ave., Turn right onto FL-597 N.,Use the left 2 lanes to turn left onto Northdale Blvd.,Turn right to stay on Northdale BlvdDover Patriots (813) 707-96571300 Sydney Dover Rd Dover, Fl 33527
S.	Take N. Kingsway Rd., Turn Right onto US-92; Turn RIGHT onto MCINTOSH RD., Turn LEFT onto DR MARTIN LUTHER KING JR BLVD/FL-574, Turn RIGHT onto N DOVER RD, Turn LEFT onto Sydney RD.; Turn RIGHT onto SYDNEY DOVER RD.
WILDCATS	New Tampa Wildcats (813) 731-4506www.newtampawildcats.org9190 Imperial Oak Blvd, Tampa, FL 33647Merge onto I-75 N via EXIT 9 toward Ocala/Temple Terrance. Take the CR-581 N exit,EXIT 270. Merge onto Bruce B Downs Blvd. Turn RIGHT onto Imperial Oak Blvd
Solution	Seffner Seahawks (813) 343-1813www.seffnerseahawks.net7402 Taylor Rd Seffner, Fl 33584
	East Bay Bucswww.eastbaybucs.com13010 Bullfrog Creek Rd Gibsonton, FL 33534I-75 S via EXIT 9 toward Naples/Brandon. Take the CR-672 exit, EXIT 246, toward ApolloBeach. Keep right to take the CR-672 E. ramp toward US-301. Merge onto Big Bend Rd.Turn left onto Simmons Loop. Take the 1 st left onto Old Big Bend Rd. Take the 1 st right ontoBullfrog Creek
Gators	Lakeland Gators 863-688-4720www.lakelandgators.com726 Hollingsworth Rd Lakeland, FL 33801I-4 E, Take Exit 31 toward Lakeland, Turn Right onto George Jenkins Blvd., Arrive at field
	Lakeland Eagleswww.lakelandeagles.comGeorge Jenkins High School6000 Lakeland Highlands Rd, Lakeland, FL 33813I-4 for 19.5 miles. Merge onto Polk Pky/SR-570-TOLL E via EXIT 27 towardLakeland/Winter Haven (Portions Toll). Take the CR-37B S exit, EXIT 9. Merge ontoLakeland Highlands Rd.

	Keystone Bills www.keystonebills.com
KEYSTONE BILLS	17928 Gunn Hwy Odessa, FL 33556
	Turkey Creek Trojans (813) 737-5005www.turkeycreektrojans.com
A LAND	5937 Connell Rd, Plant City, FL 33567
	Take N. KINGSWAY RD., Turn LEFT onto US-92/FL-600, and Turn RIGHT onto N
	TURKEY CREEK RD/CR-574B. Continue to follow N TURKEY CREEK Rd., Turn RIGHT
	onto CONNELL RD.; Field is on your left.
	Pinecrest Pilots (813) 681-8427 www.pinecrestpilots.com
1	7950 Lithia Pinecrest Rd, Lithia, FL 33547
	Take Kingsway Rd., cross over US-92/FL-600, cross over MLK, cross over E. Brandon
ிைய	Blvd/FL-60, E turn left onto S. Lithia Pinecrest/CR-640. Follow all the way down (cross over
	Fishhawk Blvd.) field on RIGHT. (by Lithia Pinecrest Elementary)
_	Lakeland Hurricanes
	955 Wedgewood Estates Blvd Lakeland, FL 33809
	I-4 E. take EXIT 33 onto FL-33, turn RIGHT onto Lakeland Hills BLvd., Turn RIGHT onto
	Socrum Loop Rd., Turn LEFT onto Socrum Loop., Turn Right onto Socrum Loop Rd., The
	field is on the RIGHT

Handbook Agreement

I have received the Seffner Seahawks Handbook and the Seffner Seahawks and the Seffner Seahawks Park Rules on this day (month) (day) 2023. Within this Handbook are copies of the following document:

- Parent Authorization and Acknowledge Form
- Parent / Participant's Code of Conduct
- Practice / Rain Cancelation Policy / Attendance

I agree to read the handbook & the park rules thoroughly and abide by the rules and regulations stipulated by the Seffner Seahawks Organization.

I, (parent's name)	agree to the rules
and regulations included in the Seahawks Park Ru	les and in this Seffner Seahawks
Handbook / 2023, of which I have signed as receiv	ving. I understand that because of
not abiding by the rules & regulations as outlined	within this agreement my child
will be removed from participating in the 2023 sea	son with the Seffner Seahawks

Player / Cheerleader Name:		
Division:		
Parent Guardian Signature:		
Board Member Signature:	Title:	
Date:		